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Over and over, Eckhart Tolle shows us how to connect with what he calls our Being: Being is the eternal, ever-present One Life beyond the myriad forms of life that are subject to birth and death.

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Microsummary: The Power of Now Summary tries to bring dynamism into proceedings. Eckhart Tolle unveils some easy-to-follow methods for reaching real bliss and peace. All your restrictions will immediately vanish with the right approach, supported by the straightforwardness of this book.

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[PDF]The Power of Now: A Guide to Spiritual Enlightenment

The Power of Now by Eckhart Tolle "Ebook Posted on | May 13, 2011 | 4 Comments The Power of Now "a guide to spiritual enlightenment by Eckhart Tolle is in the Public Domain, I just learned, and not just the audio version as I have written here earlier, the text-version is also available.

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In this getAbstract summary, you will learn: What the "power of Now" means; How thoughts and ego can be obstacles to enlightenment,; What three options you have in an intolerable situation, and How Eckhart Tolle advises you to achieve peace.

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Eckhart Tolle was born in a small town in Germany in the year 1948. He is a well known and a famous writer. The one reason of his popularity is as the Author of the said book The Power of Now PDF and also A New Earth (2005).

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Tolle packs a lot of information and inspirational ideas into The Power of Now. (Topics include the source of

Chi, enlightened relationships, creative use of the mind, impermanence, and the cycle of life.) Thankfully, heâ€™s added markers that symbolize â€œbreak time.â€• This is when readers should close the book and mull over what they just read.

Eckhart Tolle - The Power of Now | A little about Me

Eckhart shares his time between British Columbia, Canada, and California. Eckhart Tolle is the author of the #1 New York Times bestseller *The Power of Now* (translated into 33 languages) and the highly acclaimed follow-up *A New Earth*, which are widely regarded as two of the most influential spiritual books of our time.

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